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| **SOUP OF THE DAY** | **MONDAY**  CARROT, HONEY AND GINGER **(VEGI)(GF)** | **TUESDAY**  ROOT VEGETABLE BROTH **(VEGAN)** **(GF)** | **WEDNESDAY**  **CURRY NIGHT**  ROAST TOMATO AND SWEET PEPPER **(VEGAN) (GF)** | **THURSDAY**  LENTIL **(VEGAN) (GF)** | **FRIDAY**  **Chip shop**  ROAST SQUASH AND ROSEMARY **(VEGAN) (GF)** |
| **MAIN** | BEEF LASANGNE**(HALAL)** OR VEGETABLE LASANGNE **(VEGI)**  CHARGRILLED CHICKEN WITH PESTO AND MOZZARELLA **(GF)** **(HALAL)**  MIXED VEGETABLE TAGINE **(VEGAN) (GF)** | CRISPY CHICKEN(**HALAL)** OR CRISPY TOFU **(VEGAN)**WITH CANTONESE SWEET ‘N SOUR SAUCE  SAUSAGE ‘N’ MASH WITH ONION GRAVY OR PLANT BASED SAUSAGE **(VEGAN)** | CHICKEN TIKKA MASSALA **(HALAL) (GF)**  BEEF ROGAN JOSH **(HALAL) (GF)**  VEGETABLE AND CHICKPEA KORMA **(VEGAN) (GF)**  BOMBAY SAG ALOO **(VEGAN) (GF)** | BEEF **(HALAL)**OR VEGETABLE QUESADILLA **(VEGI)**  CARIBBEAN JERK CHICKEN **(HALAL) (GF)**  CARRIBEAN PLANT BASED JERK BURGER WITH LETTUCE AND TOMATO **(VEGAN)** | FISH & CHIPS **(HALAL)**  BATTERED SAUSAGE & CHIPS  VEGETARIAN BATTERED SAUSAGE & CHIPS **(VEGI)**  PEPPERED STEAKLESS PIE **(VEGAN)** |
| **SIDES** | TOMATO AND PEPPER COUSCOUS  CHEESY HALF JACKETS  ROASTED MEDITERRIAN VEGETABLES  GARLIC AND HERB BREAD | PEAS AND BROCCOLI  MASHED POTATOES  EGG FRIED RICE  STIR FRIED VEGETABLES | RIATA  PICKLES  INDIAN SALAD  NAAN BREAD  PILAU RICE  ONION BHAJI  MINI APPLE BEIGNET WITH CINNAMON SUGAR | PAPRIKA SPICED WEDGES  CORN AND ROASTED RED PEPPER  NACHOS  PINEAPPLE SALSA | CRISPY CHIPS  MUSHY PEAS  TARTAR SAUCE  CURRY SAUCE  BAKED BEANS |
| **SALAD** | Shredded iceberg, tomato, cucumber, **A symbol of a wheat plant  Description automatically generated with medium confidenceA green heart with white text and leaves  Description automatically generated**  slaw, pasta salad, crispy onions  dressing**A green logo with leaves  Description automatically generated** | Shredded iceberg, tomato,  cucumber**A symbol of a wheat plant  Description automatically generated with medium confidenceA green heart with white text and leaves  Description automatically generated**  slaw, pasta salad, crispy onions, **A green heart with white text and leaves  Description automatically generated**  dressing**A green logo with leaves  Description automatically generated** | Shredded iceberg, tomato,  cucumber **A symbol of a wheat plant  Description automatically generated with medium confidenceA green heart with white text and leaves  Description automatically generated**  slaw, pasta salad, crispy onionsA green heart with white text and leaves  Description automatically generateddressingA green logo with leaves  Description automatically generated | Shredded iceberg, tomato, cucumber**A green heart with white text and leaves  Description automatically generatedA symbol of a wheat plant  Description automatically generated with medium confidence**  slaw, pasta salad, crispy onions**A green heart with white text and leaves  Description automatically generated**  dressing**A green logo with leaves  Description automatically generated** | Shredded iceberg, tomato, cucumber**A symbol of a wheat plant  Description automatically generated with medium confidenceA green heart with white text and leaves  Description automatically generated**  slaw, pasta salad, crispy onions**A green heart with white text and leaves  Description automatically generated**  dressing**A green logo with leaves  Description automatically generated** |

**Vegan** A green heart with white text and leaves

Description automatically generated **Vegetarian** A green logo with leaves

Description automatically generated **Gluten Free** A symbol of a wheat plant

Description automatically generated with medium confidence  **Halal** A black circle with white text

Description automatically generated